Eva Schernhammer, MD, DrPH, Associate Professor

Eva Schernhammer teaches at the Harvard School of Public Health. Since 1999, she has been based at the Channing Division of Network Medicine, home of several famous cohort studies including the Physicians’ Health Study and the Nurses’ Health Study, on which she is a co-investigator. She directs several innovative, NIH-funded projects related to her primary research interest in study pathways of energy balance and identifying as well as applying the use of biomarkers such as insulin-like growth factor and other endogenous hormones. More broadly, she is interested in the etiology and prevention of chronic disease risk, including how diet and obesity interact with these events.

Schernhammer holds a Doctor of Medicine degree from the University of Vienna Medical School, a Doctor of Public Health degree (epidemiology) from the Harvard School of Public Health, as well as a Master of Science degree in psychology from the University of Vienna. She completed her medical training in Vienna and practiced for several years in hematology/oncology before becoming interested in population science.