

KLIC K SAMO-ODGOVORNOSTI

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Povzetek: Odgovornost do lastnega življenja predstavlja temelj družbene odgovornosti. Če je človek dobro ozemljen, osredinjen in zavesten svojih ustvarjalnih potencialov, ne more preslišati svojega notranjega klica, postati odgovoren pri svojem ravnanju z naravo, družbo in usodo človeštva. Članek nagovarja devet vidikov samo-odgovornosti, med drugim spoštovanje cikličnega počela pri osebem razvoju, potrebo po vzdrževanju notranjega miru v vsakem še tako dramatičnem položaju, potrebo po razvijanju osebne občutljivosti in uravnoteženju razumskega mišljenja z intuitivnimi vpogledi. Posebej je poudarjena nujnost, spoznati sebe kot del narave in iskati načine sobivanja z njenimi svetovi.

Ključne besede: umetnost, ustvarjalni potencial, samo-odgovornost, osebni razvoj, razumsko mišljenje, intuicija.

CALL FOR SELF-RESPONSIBILITY

Abstract: The responsibility towards one's own life presents the basis of social responsibility. If a human being is well grounded, centered, and conscious for it's own creative potential then there is no obstacle in perceiving the inner call to become responsible towards nature, society and human destiny. The contribution addresses nine different levels of responsibility related to one's own self, amongst respect to cyclic source of personal growth, the need to maintain internal personal peace in every- even dramatic situation, the need to develop personal sensitivity and balance of rational thinking with intuitive insights. In particular, it highlights the necessity to recognize ourselves as part of nature and to find ways of coexistence with its worlds.

Keywords: art, creative potential, self- responsibility, personal development, rational thinking, intuition.

Introduction

The responsibility towards one's own life represents the basis of social responsibility. If a human being is well grounded, centered, and aware of his creative potentials then there is no obstacle in perceiving the inner call to become responsible towards nature, society and human destiny.

I may share briefly my personal experience that brought me to this conclusion. In the not too distant past in my country and in other so-called socialistic countries we witnessed the decay of a fascinating alternative to the socially unjust capitalist economic system. The ideals written in the Communist Manifesto – the primary source of inspiration for the socialistic regimes – are so well formulated, that I as a young man at that time could easily swear obedience to them. But I did not because I realized that people while they wanted to change the world radically in the name of the communist ideals, they did not think of changing themselves also. A catastrophe followed: after few decades we found ourselves caught in the same old world of injustice with a privileged ruling class at the top.

If I speak about individual responsibility towards one's own life, I have in mind nine points that I wish briefly to touch upon:

Grounding

Human beings are not just beings of ideas and action but also beings of the Earth. To be grounded means to be aware of our intimate relationship with the core of our home planet. To be grounded means further to be in constant dialogue with the stream of life. One can ground oneself by remembering for a moment the power of gravitation that holds all beings connected to the heart of the Earth.

Centering

The modern way of life demands from us to jump constantly with our attention from one phenomenon to another. To be able to stay responsible to one's decisions and activities the mobility of our focus needs to be balanced by the effort to stay centered. The point of the inner centre may differ according to the given moment but it should be searched inwardly in the region between the navel and the lower end of the breastbone.

Inner peace

The dynamics of the modern way of life is the cause that the inner peace as the basic quality of a self-responsible individual gets easily lost at each moment. One needs to learn to hold peace inwardly even if the given moment may demand great dynamics or one is involved in a noisy scene. The focus of the inner peace should be searched at the centre of the pelvic cavity at the so-called point of the perfect presence.

The cyclic principle

The cyclic nature of personal development has to be accepted and honored. Phases of inspiration and extensive creativity may be followed by crises and the inner demand for change. The periods of personal crisis are equally important for the individual's life and creativity functioning as challenges that lead towards discovering new motivation in life or new creative possibilities prior not recognized.

Personal sensitivity

One needs to work on renewal and on deepening of one's sensitivity. Staying caught in the narrow field of perception based upon the five physical senses means to be cut off from the most of the living and breathing reality. Consequently the sense can be lost for what is true and what is illusionary. The capacity to feel the truth behind the masks of illusion is one of prerequisites to be able to act in a responsible way.

Give attention to your intuition

The exclusive rule of the rational mind in the modern civilization has to be transformed into capacity of the human being to think in an intuitive way. The poetic intuition and the rational logics should be recognized as two equal poles of human consciousness. Their synergy represents a guardian making secure that our decisions have the holistic character.

Listen to your inner voice

The human being of the modern age is predominantly an ego-centered being. It means that we rely upon our personal mental systems concerning our attitudes in life and our decisions. To become holistic beings responsible towards our role in the society, we should listen also to the voice of our integral human self usually denominated "the soul". Its expression can be perceived through inner promptings, through the language of dreams or through unexpected situations in the daily life.

Selfless attitude

Listening to the needs of our fellow human beings or other beings of life should not be considered as a duty but rather as a source of personal fulfillment. Sharing one's own fortunes selflessly with others means consequently that the cycle of life will find a way to bestow unexpected gifts upon ourselves. It is the cyclic law of manifestation that never fails.

Personal love for nature

The modern human being understands oneself primarily as an urban being. The remaining connections to nature are considered mainly as moments of personal relaxation. This is not enough at all! The parallel evolutions of nature – the ones of plants, animals, minerals and the four Elements – also represent the base of our own life and intelligence. To become self-responsible beings we should sustain a relationship of loving co-existence with nature and our home planet.

It is relatively easy to make a list of qualities that the individual human beings should embody to become a person responsible towards one's own life, and consequently towards the society we live in. But how to integrate them in our own lives in the conditions of the modern civilization that considers them more or less ephemeral?

To change the situation the theory and practice of personal inner development should be included in the study programs at all levels of education including colleges and universities. Besides the classical Yoga or Tai Chi, the modern so-called “spiritual movements” have developed a whole bunch of meditative practices that can be taught and practiced.

For those of us who have left the halls of education behind, we need to decide about the way we feel the best suited to our needs and work on self-education. It is not just a duty but is rather enjoyable. We may experience insights into the depth of our being that we never have thought of or having believed in their existence.